Health Care Eligible Expenses

BABY/CHILD TO AGE 13

- Lactation Consultant*
- Lead-Based Paint Removal
- Special Formula*
- □ Tuition: Special School/Teacher for Disability or
- Learning Disability*
- Well Baby /Well Child Care

DENTAL

- Dental X-Rays
- Dentures and Bridges
- Exams and Teeth Cleaning
- Extractions and Fillings
- Oral Surgery
- Orthodontia (reimbursable after payment)
- Periodontal Services

EYES

- Eye Exams
- Eyeglasses and Contact Lenses
- Laser Eye Surgeries
- Prescription Sunglasses
- □ Radial Keratotomy

HEARING

- Hearing Aids and Batteries
- Hearing Exams

LAB EXAMS/TESTS

- □ Blood Tests and Metabolism Tests
- Body Scans
- Cardiograms
- Laboratory Fees
- X-Rays

MEDICAL EQUIPMENT/SUPPLIES

- □ Air Purification Equipment*
- Arches and Orthotic Inserts
- Contraceptive Devices
- Crutches, Walkers, Wheel Chairs
- Exercise Equipment*
- Hospital Beds*
- ☐ Mattresses*
- Medic Alert Bracelet or Necklace
- □ Nebulizers
- Orthopedic Shoes*
- Oxygen*
- Post-Mastectomy Clothing
- Prosthetics
- □ Syringes
- □ Wigs*

MEDICAL PROCEDURES/SERVICES

- Acupuncture
- Alcohol and Drug/Substance Abuse
- (inpatient treatment and outpatient care)
- Ambulance
- Fertility Enhancement and Treatment
- Hair Loss Treatment*
- Hospital Services
- Immunization
- In Vitro Fertilization
- Physical Examination (not)
- employment-related)
- Reconstructive Surgery (due to a congenital defect, accident, or medical
- treatment)
- Service Animals
- Sterilization/Sterilization Reversal
- □ Transplants (including organ donor)
- Transportation to Medical Facility

MEDICATIONS

- 🗆 Insulin
- Prescription Drugs
- OBSTETRICS
- Doulas*
- Lamaze Class
- OB/GYN Exams
- □ OB/GYN Prepaid Maternity Fees
- (reimbursable after date of birth)
- Pre- and Postnatal Treatments

PRACTITIONERS

- Allergist
- Chiropractor
- Christian Science Practitioner
- Dermatologist
- Homeopath
- Naturopath*
- Optometrist
- □ Osteopath
- Den Physician
- Psychiatrist or Psychologist

THERAPY

- Alcohol and Drug Addiction
- Counseling (not marital or career)
- Exercise Programs*
- □ Hypnosis*
- Massage*
- Occupational
- Physical
- Smoking Cessation Programs*
- Speech
- Weight Loss Programs*

Please Note: The IRS will not allow 'OTC medicines or drugs' to be purchased with Health Care FSA or HRA funds <u>unless</u> <u>accompanied by a prescription</u>. The following is a high level list of Over-the-Counter (OTC) items that clearly are not medicine or drugs and <u>are eligible</u> for purchase with Health Care FSA Plans.

Antiseptics, Wound Cleansers	Diagnostic Products	First Aid Dressings and Supplies
□ Alcohol, peroxide, Epsom salt,	Thermometers, blood pressure monitors, cholesterol testing	Band Aid, 3M Nexcare, non- sport tapes
Baby Electrolytes		
Pedialyte, Enfalyte	Elastics/Athletic Treatments	Hearing Aid/Medical Batteries
	ACE, Futuro, elastic bandages,	
Denture Adhesives, Repair, and Cleansers	braces, hot/cold therapy,	Incontinence Products
PoliGrip, Benzodent, Efferdent	orthopedic supports, rib belts	□ Attends, Depend, GoodNites
		for juvenile incontinence
Diabetes Testing and Aids	Eye Care	
Insulin, Ascencia, One Touch,	Contact lens care	Reading Glasses and
Diabetic Tussin, insulin syringes;		Maintenance Accessories
glucose products	Family Planning	

Pregnancy and ovulation kits

Note: This list is not meant to be all-inclusive, as other expenses not specifically mentioned may also qualify. Also, expenses marked with a

asterisk (*) are "potentially eligible expenses" that require a Note of Medical Necessity from your health care provider to qualify for reimbursement.