

## Room Environmental Checklist

School: \_\_\_\_\_ room # area \_\_\_\_\_

Return to: \_\_\_\_\_ By: \_\_\_\_\_

Please use this checklist to survey your classroom or area. \_\_\_\_\_ will summarize the results and create an action plan for our school.

<b>Observations (also sources for Asthma Triggers)</b>	<b>Yes</b>	<b>No</b>	<b>Please describe ( give dates, time of day, duration of problem if applicable)</b>
Excess dryness			
Humid			
Visible mold			
Leaks, dampness			
Water stains on walls, floors, carpets, ceilings			
Old/ damaged rugs			
Excess dust			
Signs of bugs or rodents			
Other:			
<b>Ventilation:</b>			<b>Please describe ( give dates, time of day, duration of problem if applicable)</b>
stuffiness			
Extreme temperature changes (hot and cold)			
dirty air vents			
Air vents blocked by supplies, furniture			
Air flows through vent into room			
Air exhausts from room into vent			
Windows are operable			
Other:			
<b>Odors and Fumes from:</b>	<b>Yes</b>	<b>No</b>	<b>Specify what has strong fumes or odors</b>
Renovations or repairs			
Bus or vehicle exhaust			
Copiers, printers, laminating equipment			
Cleaning supplies			
Perfumes, air fresheners			
Other:			
<b>Health:</b>	<b>Yes</b>	<b>No</b>	<b>Please describe ( give dates, time of day, duration of problem if applicable)</b>
Student health complaints			
Teacher health complaints/ comments			



## PROMOTING HEALTHY SCHOOL BUILDINGS

### *Tips for Staff/Teachers*

**Avoid using chemicals.** Use only "approved 3<sup>rd</sup> party certified" non-toxic cleaning products. Don't bring in your own bug spray; it's against the law. Use odorless, water-based markers and art supplies. *Chemicals can be respiratory irritants.*

**Do make sure your air vents are working and not blocked** with books and supplies. Locate the vents in your room –sometimes under a window. Keep furniture a few feet away from air vents - so air can flow. *Report dirty or noisy vents.*

**If you have students with known allergies or asthma you should avoid bringing pets** into the classroom. *Pets with fur or feathers have dander which are significant allergic asthma triggers.*

**Be aware that plants have spores and their soil can breed mold.** *These are allergens.*

**Create a “crumb- and spill -free” classroom with an eating and cleaning plan.** Store extra food *well*, in a lid tight container. Have a designated “covered” trash can for food garbage. Crumbs and liquids attract pests. *Report any signs of pests in the integrated pest management IPM log.*

**Reduce classroom clutter** such as paper and old classroom projects you aren't using. They collect dust and harbor pests. *Include students in activities such as clean-ups and recycling to promote school pride and environmental stewardship.*

**Report water leaks** as soon as they appear. Mold can grow if wet places don't dry within 48 hours. *Your school has a work order system to report and track needed repairs.*